

Homeward Bound

OF MARIN

1385 N. Hamilton Parkway
Novato, CA 94949

VISITATIONS FROM LADY AGE

I have watched her coming from far off in the distance for at least the past 15 years, maybe more.

She, of course, thought I wasn't paying attention and perhaps had not noticed the deliberate way she stepped across the pathway of first, my young womanhood, when she spun the sparkle from my big bright eyes into a gleaming streak of white down the center of my jet black hair.

It was then I decided to be more observant, thinking I could stall her next move, possibly stop her.

She, knowing the power of her art, ignored my attempts and continued in my middle years to sculpt the lines and shadows in my face and remold the curves and shape of my body until when next I took a closer look a lot of me had been touched but the best of that still young is the state of my mind.

JOICE MACARTHUR-WELLS
NEXT KEY APARTMENTS



Join Us on October 18 to Celebrate Our 40th Anniversary!

On Saturday, October 18, we're celebrating our 40 years of service with an anniversary party and we'd love to have you join us!

The celebration from 1 to 4 p.m. will include cooking demonstrations, videos, testimonials from graduates who have moved from homelessness to housing, and a 40-foot-long cake! All the festivities will be in The Key Room, 1385 N. Hamilton Parkway

in Novato. Feel free to drop in for 10 minutes or to stay for the whole event.

We have a lot to cheer about from four decades of helping people in partnership with our volunteers and supporters in the community. Since 1974, Homeward Bound of Marin has grown from a single family shelter with 15 beds to a continuum of services that now offers 450 beds in 14 programs from night-to-night shelter to long-term housing.

Please come to applaud the progress made by our residents and our programs. During these 40 years, over 30,000 homeless adults and children have received shelter or supportive housing and thousands of people have ended homelessness in their lives...now that is worth celebrating!



Families served in the past 10 years, exited to housing



Homeless adults & children received shelter or supportive housing since 1974



Adults completing our programs in the past 10 years, exited to housing

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Family Builds for Future with Long-Term Housing

Mariana R. felt her family had started climbing a stairway to the American Dream with a thriving daughter and an apartment of their own in San Rafael.

Then came a second pregnancy that got Mariana fired from her restaurant job. Though she later won a lawsuit claiming illegal termination, the episode cut the main source of income for her daughter, her disabled husband and herself.

"We never ended up with extra money to save even when I was working, so it was desperate," Mariana says. They came to Homeward Bound in 2009 even though it meant giving up most of their furnishings, since they couldn't pay for storage.

"That's when all of our good luck started," Mariana says.

She found work at San Rafael's Whippersnapper restaurant, where she's a server and now the most senior employee. "I love it because I can make people happy," Mariana says.

At Homeward Bound's Family Center, Mariana and her husband met a helpful community with resources to support them and connect them to local services.

"Going to a shelter is not a good experience, but Homeward Bound made it not so bad," she says. "I learned a lot about getting along with people. I always had someone to talk with – all of us would gather in the kitchen and sort out our problems."

Mariana found herself amazed by the kindness of volunteers, who brought food, helped with tutoring and upgraded the center's backyard.

"You don't think these things happen anymore but they do," she says. "We appreciated so much everything that people did there."



Her family applied for a subsidized unit at the Fireside Apartments in Mill Valley, where Homeward Bound partners with Eden Housing to coordinate services. They moved in 2012 and both girls – now 6 and 9 years old – attend Willow Creek Academy in Sausalito.

The Fireside has been a perfect place, she says, where families share child care and the community room offers regular "kiddie corner" activities plus outings to museums and the beach.

"If we weren't here, I'd be having a second job and wouldn't have time for my girls. Now I am looking for a way to go to school and perhaps learn about nursing," Mariana says. She also will fulfill 150 volunteer hours required annually by the Willow Creek school.

Whatever the future holds, Mariana adds, "I'm going to be well prepared. My life has really changed with Homeward Bound. People here really care about each person, each history and about our family. We are going back up the stairs."



DEAR FRIENDS TO THE END...OF HOMELESSNESS,



Welcome to a milestone in our journey to end homelessness in Marin County. Homeward Bound's 40th Anniversary presents an occasion to celebrate not just 40 years of service to the Marin community, but 40 years of learning to be better and more effective at giving our service. Gandhi once said, "Service is the rent you pay for your room here on earth."



The building blocks of service include compassion, patience, respect, and dignity, forged in the crucible of engagement with each person and each family who seeks assistance on their journey.

When hearing the courageous and inspiring stories of former and current residents, the word that comes to mind is "momentum." It signifies movement in a positive direction, heading toward a goal or an imagined better life.

The journeys, as you will read, are all unique, as individual as the people who share their stories. They mirror the journey of Homeward Bound itself, always moving forward, always learning, gathering momentum to end homelessness.

Momentum at Homeward Bound rolls forward from the solid foundation of mission and purpose. We focus daily on "opening doors to safety, dignity, hope, and independence." We see residents daily setting goals to create the forward motion that leads to ending homelessness and stable housing in their lives. And daily, the larger community generously supports the vision that "everyone needs a place to call home."

THANK YOU FOR JOINING US ON THIS 40-YEAR JOURNEY! LET'S KEEP MOVING! GRATEFULLY AND CAKEFULLY,

Mary Kay Sweeney, Executive Director

SHELTER SERVICES SERVE AS "FRONT DOOR" FOR RESIDENTS

We began our 40-year history with shelter – a single family shelter in San Rafael. The building, which also housed our offices at the start, still operates as the Family Center, Marin County's only year-round emergency shelter for homeless parents with children.

All Homeward Bound residents take their first steps in one of our shelter programs, which serve as the "front door" to our continuum of services. Homeward Bound now includes five shelter programs offering 176 beds each night:

MILL STREET CENTER: 55 beds for men and women

Residents may stay up to six months. In reality, some stay only a few days and some may be guests more than once. The average stay last year was 35 days.

NEW BEGINNINGS CENTER: 80 beds for men and women

This "second-step" shelter serves residents from our other adult shelter programs and offers stays up to six months; 16 beds are reserved for veterans who may stay as long as two years in a federally subsidized program.

VOYAGER PROGRAM: 10 beds for adults facing mental illness

This program at our Voyager Carmel Center partners with county mental health services to offer stays up to four months.

TRANSITION TO WELLNESS: 6 beds for adults exiting hospital care

We partner with local hospitals and social service providers to serve people exiting hospital care without stable housing. Our program provides a place for them to continue recovering from illness or injury.

FAMILY CENTER: 9 rooms for families

This shared home offers stays up to six months and includes a communal kitchen, backyard, and homework club for children.

In our shelters, each resident works with a counselor to assess their issues and create a personal "action plan." Our staff helps people secure income from benefits or employment, find medical care or child care, and locate other services like legal aid or credit repair. ☎️🔗

COMMUNITY SPOTLIGHT: MARIN COUNTRY DAY SCHOOL

Students, Staff Build Future with Homeward Bound

Staff and teachers from Marin Country Day School in Corte Madera worked in our gardens together as summer ended, adding their hands to many from the school community that have boosted our programs.

The partnership started as Homeward Bound buzzed with plans to open New Beginnings Center, our "second-step shelter" at Hamilton, more than 14 years ago.

"Our first project was move-in boxes put together by the second grade for people going into their own housing," recalls Kyle Redford, who was the school's service learning coordinator and now teaches fifth grade. "We took the whole class on a shopping trip."

Through the years, students made quilts for residents during art classes, worked in our garden and some even volunteered for a full schedule of activity during 8th grade service week.

"I think our values have lined up really well in that we teach for sustainability and Homeward Bound helps people build a sustainable lifestyle," Redford says.

"It also introduces the fact that people are doing innovative and creative work around a tough issue. These issues become not so scary when kids see some positive strategies and positive outcomes," she adds.

“ I think our values have lined up really well in that we teach for sustainability and Homeward Bound helps people build a sustainable lifestyle. ”

In November, more students arrive to work in the gardens as the partnership continues into the future. December will mark the 12th annual Home Sweet Home event, a gingerbread house-building extravaganza that benefits Homeward Bound and Habitat for Humanity.

"We've always had good feedback from our projects," says Darcy Ellsworth Yow, the current service learning director. "Home Sweet Home is an institution now."

She sees a greater impact for the school community than the good feeling of helping and the new perspective from learning up-close about community issues like homelessness.

When the staff hears from former students, she says, it's not uncommon to find that they're involved in community projects. "We like to think that we help plant some of those seeds," she adds.

The Home Sweet Home gingerbread house event will be Dec. 7 at Marin Country Day School. Visit www.mcds.org after Nov. 15 for details. ☎️🔗





FRESH HORIZONS OPEN FOR INEATHA B.

Solid determination to make the most of college and housing opportunities has opened fresh horizons for Ineatha B., who has been called an ambassador for College of Marin’s Equal Opportunity Program.

“Whenever any opportunity came up, I asked about it. I applied for it. And now I’m always bringing people in there for one thing or another,” she says. The program can connect low-income students with services like CalFresh food assistance, tutoring, and financial aid.

Her horizons looked darker in 2011, when she came to Homeward Bound’s emergency shelter after losing the San Rafael apartment where she cared for her elderly mother.

“I had been taking care of mom all right but the market rate housing was tearing us up,” says Ineatha, who left our Next Key Apartments in September. When she suffered a pinched nerve in a car accident and was unable to work, their financial struggles forced them to move out of their home.

Now settled in her own apartment in Marin City, Ineatha hopes she’ll someday invite back her mother, who went to live with a brother in Sonoma County. First she aims to finish her associate degree at College of Marin and find full-time work.

With no college background, Ineatha enrolled at College of Marin with encouragement from her counselor at Homeward Bound. The first two semesters were shaky, she says, but she gained momentum with a work-study job in the Community Affairs Department. Building on prior experience in bookkeeping, she’s updating her keyboard and spreadsheet skills as well as ticking off math and English classes. She envisions again working in a data-oriented job because “I love numbers and always have.”

Though the pinched nerve in her neck still needs treatment, Ineatha feels hopeful about starting her next chapter.

Homeward Bound services let her focus on her future with a respite from financial worry, Ineatha says. “I don’t have a drug or alcohol problem. What I needed was a place to live that didn’t cost an arm and leg so I could keep things going,” she says.

The structure offered by Homeward Bound programs dovetailed with her own belief in hard work, Ineatha says, and the resources helped her make good use of her time.

“When all is said and done, where are you going? You have to come (to Homeward Bound) on a positive note and work for yourself,” she adds. “Homeward Bound helped me go forward.”

ALEX G. BUILDING HOPE AND NEW FUTURE

When Alex G. walks to work at a Novato discount store, he takes every step as part of his path to regain a life that once seemed stable.

The former manager of two appliance stores in Northgate Mall and Santa Rosa, Alex felt optimistic about his career and settled in his marriage before severe depression and alcohol issues sent him into a tailspin.

“Finally I was completely indigent. I was destitute,” he says. Now healthy, sober for 8 years and living in a Novato apartment, Alex says his comeback began with invaluable steps at Homeward Bound of Marin.

He arrived in 2008 at Homeward Bound after spending seven months at Saint Anthony Farm in Sonoma County, a now-closed recovery program owned by the Catholic Church.

“I lived there, milked cows, baled hay, woke up at 5 a.m.,” he says. “It was all good, but they don’t pay you. When I left, I had nothing, so I went to Mill Street Center.”

At the center, Homeward Bound’s year-round emergency shelter for adults, Alex worked with a counselor to assess his situation and found a part-time job three weeks later.

“It was critical since I had nowhere to turn, I had no job and I had no prospects,” he says. “To get that job, I needed a place to sleep. They helped me with clothes. I had meals.”

He hit a bump in the road when he wrenched his shoulder at work, which forced him to take time off and led to losing his job.

“I really appreciated the Homeward Bound counseling when I went through that. I got back to work at a job that was better for me,” he says.

Along with working at the discount store, Alex also has been hired by a local agency as a supportive companion for their clients that need help with shopping or other daily tasks. “I like people and I’m friendly by nature, so it works for me,” he says.

Planning for the future, Alex now attends College of Marin to finish his associate degree, which he started years ago at Santa Monica Community College.

“I’m working on things for my future and I have a ways to go in my journey still,” Alex says. “The people at Homeward Bound have helped me in so many ways.”



VOLUNTEER SPOTLIGHT: MICHAEL BASSOUS

Novato Teen Finds Calling in Bingo

Knowing Michael Bassous is a junior at Marin Catholic High School, you’d expect him to be busy after school with homework and sports. You’d be correct – he plays water polo and has a full load of college prep classes.

Yet he makes time to show up almost every week to spend an hour with residents at Warner Creek Senior Housing, where Homeward Bound coordinates activities.

He’s the bingo caller for a weekly game that’s become a happy social hour for seniors in the 60-unit affordable housing complex managed by Eden Housing. His visits started to fulfill a 50-hour service learning commitment for school, but Michael now has passed the 18-month mark.

“It’s a nice experience. I’m not doing a lot – it’s just a little really – but they enjoy it. This summer, I was away two months and I did miss it a little bit,” Michael says.

His first introduction to bingo came at another senior housing community in San Rafael, also through a school assignment. He has volunteered in the gardens at Homeward Bound’s New Beginnings Center too.

“They’re funny and I’ve enjoyed getting to know them. One loves baseball and one really loves bingo. They share a lot of stories.”



All Marin Catholic students commit to 100 hours of community service, a program that includes classroom discussion and reflections about how society addresses the issues of its most vulnerable members.

The focus is “the responsibility each of us has to the greater world,” according to Peggy Semling, the school’s director of campus ministry.

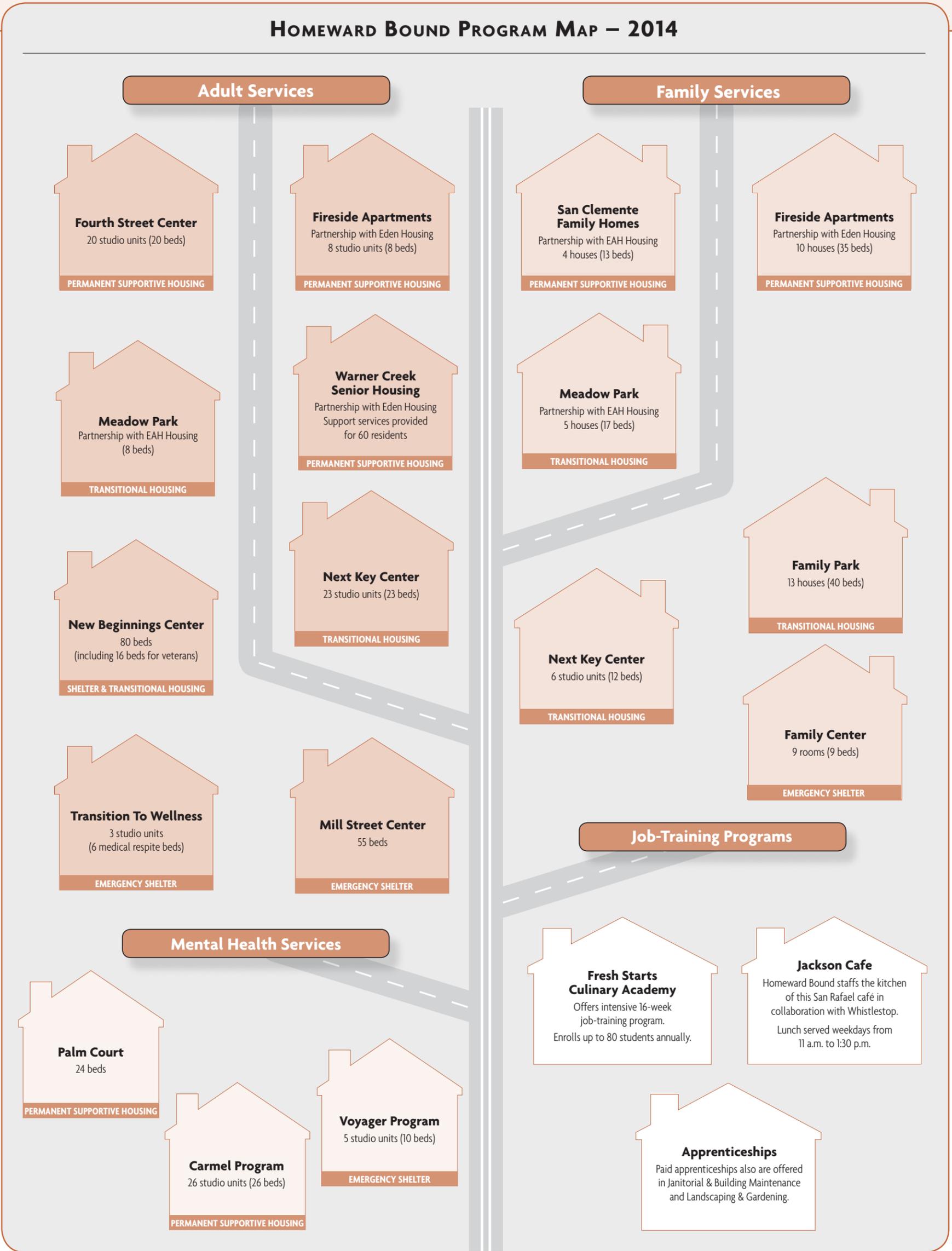
For Michael, his service at Warner Creek offers a connection with Novato, where he lives, and makes him smile.

“They’re funny and I’ve enjoyed getting to know them. One loves baseball and one really loves bingo. They share a lot of stories,” he says.

The arrangement is a win-win, says Veronica Bowers, Homeward Bound’s service coordinator at Warner Creek. “He loves the tenants and the tenants love him. Every time he leaves for a vacation, they give him presents!” she says.



HOMeward BOUND PROGRAM MAP – 2014



2013-14 Operating Budget / Total Agency Expenses and Revenue

Expenses

■ Adult Services.....	38%
■ Mental Health Services.....	17%
■ Family Services.....	12%
■ Job Training/Social Enterprise.....	21%
■ Administration/Development.....	12%



Revenues

■ Gifts.....	15%
■ Foundation Grants.....	6%
■ Government Grants.....	44%
■ Program Revenues.....	14%
■ Social Enterprise.....	15%
■ Other Income.....	5%



COMMUNITY REPORT ~ 2013-14

A graduate of our programs recently said, “The most important thing that Homeward Bound does is to hold a safe space where people can sleep, and to provide support as they need it.” Within this safe space, hundreds of people achieve personal transformations, develop job skills, find employment, save money, secure housing, and reimagine their futures.



Last year, we operated 14 inter-related residential programs, including the only year-round emergency shelters for homeless families and single adults in the county. Every night, we provided 450 people with a bed (176 of these beds are in shelter programs, the other 274 beds are in short-term and long-term housing.)

Our programs in the year ending June 30, 2014, provided a safe place to sleep for **1,262 people** at an **aggregate cost of just \$36 per person**, per night, including food and services.

Last year, **84% of families served, and 88% of adults completing our programs, moved out of homelessness into housing.** Their destinations included apartments in the regular rental market, subsidized and transitional

housing, and housing shared with friends or family. Given Marin County’s status as the least affordable rental market in the entire country, these are astonishing accomplishments by the formerly homeless people that we served last year.

JOB TRAINING

We have intensified our focus on workforce development. Over the past 12 months, Homeward Bound has restructured Fresh Starts Culinary Academy to better meet the needs of students. We have shortened the duration of the program, while also lengthening daily class time. As a result, we now offer the culinary training in 16 weeks rather than over 10 months.

We also have increased the number of students that we can serve annually by accepting new students every 6 weeks, while concurrently reducing the cost of training per student. Our program includes more frequent assessments so students and instructors remain abreast of class progress. We’ve had great success in placing our graduates into jobs with help from a fabulous community advisory committee made up of local employers. Last year, we provided training to **68 students, with 82% of graduates finding jobs within a month of completing the program.**

Our janitorial and building maintenance apprenticeship program also continues with positive results. Two graduates last year found employment (one as a plumber and the other as property maintenance manager at a large apartment complex) and secured housing. We currently have four apprentices working on our maintenance and landscaping crew.

SOCIAL ENTERPRISE

Revenue from Homeward Bound’s social enterprise businesses continues to grow. Last year, we generated over 15% of our revenue from our own businesses, while simultaneously providing employment to our culinary students.

Our most profitable business continues to be Fresh Starts Chef Events. Have you attended one of these celebrity chef events yet? The Key Room event space (www.thekeyroom.com) with on-site catering provides our largest revenue stream and production continues for our Halo Truffles for those of you with a penchant for Belgian chocolate!

AWARDS AND HONORS

The Catalyst Kitchens network, a nationwide collaboration of 70+ nonprofits providing food-related job training through social enterprise to disadvantaged adults, recently recognized Fresh Starts Culinary Academy as a Model Member. This status attests that Homeward Bound is an “industry leader” in this field – high praise from our peers carrying out similar transformative work across the country.

Executive Director Mary Kay Sweeney, who recently celebrated her 20th year of service at Homeward Bound of Marin, was honored last year with a Nonprofit Leadership Award by the North Bay Business Journal.

FOCUSING ON THE FUTURE

Setting a course for Homeward Bound’s next 40 years of service to our community, our Board of Directors recently developed a Horizon Plan. In the process, board members identified key focus areas, including 1) to build new housing units for people moving out of homelessness, 2) to analyze and refine our methods of service delivery to achieve the greatest impact, and, 3) to develop a new social enterprise product that will generate significant profits to support our work.

Homeward Bound has made strides toward goals in the first category, amassing 80% of the development funding for Oma village, a new \$5.5 million family housing site. We look forward to starting construction this fall and to the prospect of adding 14 units of permanent supportive housing for homeless families to our roster of services when Oma Village opens next summer.



Thank you for your ongoing support, which allows us to carry out this essential work on behalf of our community. The successes of the past 12 months are your successes too!



1,262

PERSONS SERVED



164,250

BED NIGHTS PROVIDED



84%



88%

84% OF FAMILIES SERVED, AND 88% OF ADULTS COMPLETING OUR PROGRAMS, MOVED OUT OF HOMELESSNESS INTO HOUSING

WHO WE SERVE



FAMILIES 20%

SINGLE INDIVIDUALS 80%

SENIORS (62+) 185

VETERANS 96

TRANSITION-AGED YOUTH (18 – 24) 85

CHILDREN (UNDER 18) 136



SHELTER

823 • Single adults
92 • Adults and children in family households



TRANSITIONAL HOUSING

56 • Single adults
94 • Adults and children in family households
Percent of households who increased their income:
Single Adults: 64% • Families: 67%



PERMANENT SUPPORTIVE HOUSING

89 • Single adults
48 • Adults and children in family households
Percent of households who increased their income:
Single Adults: 99% • Families: 75%



FRESH STARTS CULINARY ACADEMY

68 • Students (26% were transition-age youth aged 18 to 24)
62% • Students graduated (or exited early for an employment opportunity)
82% • Graduates secured employment within one month of graduation

Bits 'n' Pieces

Jefferson Award honors volunteers who support families

Longtime volunteer Rosie Basso of San Rafael was honored in July with a Jefferson Award for Public Service that included a news feature about her work aired by KPIX-TV.

All of the projects organized by Rosie with her husband, Dave Basso, have come via the Michael Basso Memorial Foundation. The foundation honors their son, Michael, who was 19 years old when he died in 1993.

The foundation has delivered Easter baskets, holiday groceries, school supplies and myriad other items to families at Homeward Bound for almost two decades. Along with supporting our programs, they have awarded scholarships, supported community sports and made financial donations amounting to more than \$500,000. Rosie says her son "was always for the underdog" and the foundation was created to "exemplify Mike's amazing spirit and compassion." Congratulations and thank you, Rosie! 



Loaves & Fishes bids adieu after 14+ years



A dedicated corps of volunteers bid adieu this year after almost 15 years of making dinner on Monday nights for the 80 residents of New Beginnings Center.

Known as Loaves & Fishes, the group began as a project of the Presbyterian Church of Novato but expanded eventually to include members of 12 congregations.

The group served people in the tent shelter operated at Hamilton by Homeward Bound before New Beginnings Center opened its

doors and has served ever since.

Members agreed to draw the curtain on their long commitment though they enjoyed it, says Loree Draeger of Novato, a longtime group leader. Many key people in Loaves & Fishes are getting older and the time has come to say goodbye, she says. 

Retirements at Mill Street Center and Culinary Academy

We celebrated the service of two longtime staff members this year with the retirement of Jerry Green, program director at Mill Street Center, and Chef Carol Menard, founder of Fresh Starts Culinary Academy.

Jerry spent 12 years at Homeward Bound, leading the crew at our emergency shelter for adults after careers in law enforcement and marina management.

Chef Carol, who began her service as a volunteer chef for the tent shelter that preceded New Beginnings Center, founded the training program as soon as the center opened its doors in 2000. Formerly owner of a butcher and catering shop, Carol embraced her teaching role and was honored with a Golden Bell Award by the Marin County Office of Education. 

Homeward Bound adds directors from nonprofit, banking sectors

New members have joined Homeward Bound's Board of Directors from the nonprofit and banking sectors, broadening our connections with the local community.

Sheri Joseph of Tiburon, an attorney, is executive director of Tamalpais Pacific, a nonprofit focused on supporting creation of affordable housing in Marin through grants and loans. She also has served on the board of the Hilarita-Tiburon Ecumenical Association, which oversees 102 units of affordable housing in Tiburon, and remains an active volunteer with both Bridge the Gap tutoring and College Bound in San Rafael.

Jason Henderson of Novato is regional director for Wells Fargo Bank, overseeing operations at 10 retail banking locations with 150 employees.

He is a U.S. Air Force veteran with 24 years in the U.S. Air Force Reserves, retiring last year as a command chief master sergeant. Jason also serves as a board member for the Petaluma Boys & Girls Club. 

Mary Kay honored with Humanitarian Award

Mary Kay Sweeney, executive director of Homeward Bound, will receive the Humanitarian Award on Oct. 25 from the International Association of Sufism at a gala dinner in San Rafael.

The award honors Mary Kay as "an outstanding individual" and for "elevating the level of humanity in our society."

The Novato-based association aims to educate the community about Sufism, an ancient spiritual movement that arose from Islam in the 8th to 9th centuries. Joining people from many nations and traditions in harmony is among the basic goals of the group, which has been active in providing interfaith programs in Marin County. 

National data conference features Homeward Bound staff

The nuts and bolts of evaluating nonprofit programs will be the focus for Lisa Sepahi, Director of Impact & Operations at Homeward Bound, when she speaks this month at the National Human Services Data Consortium conference in Washington, D.C.

She has presented four times previously at the conference, where analysts share techniques for using data to help guide changes in services.

In a separate session at this year's conference, Lisa will be part of a panel on how nonprofits partnering with federal agencies can use the Homeless Management Information Systems database as a tool to boost program coordination. 

Social enterprise summits include Homeward Bound

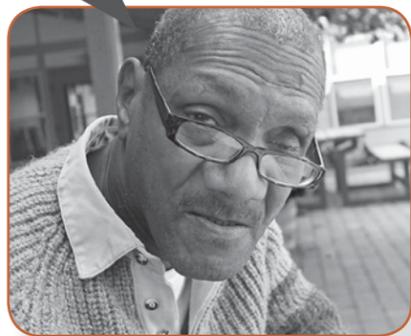


The 2014 Catalyst Kitchens Members Summit in Colorado Springs offers a session on "Evaluating Sustainable Social Enterprise Opportunities" that includes Deputy Executive Director Paul Fordham as a presenter.

Leaders from more than 70 nonprofits offering food-service training and social enterprise attend the summit, which draws from North America and Europe.

The panel presentation also includes representatives from FareStart of Seattle, ARC Broward of Florida, and Pittsburgh Community Kitchen from Pennsylvania. Earlier this year, Paul presented on "Bringing Communities to the Table with Food Service Social Enterprise" at the Social Enterprise Alliance Summit 2014 in Nashville, Tenn. 

Question of the Day: *Our residents talk about their lives and future plans.*



Name: Clarence T.

Program: New Beginnings Center

What are you most proud of in your life?

The fact that I am clean and sober again. I plan on staying that way for a very long time.

What are your plans for the future?

In 5 years, I see myself in a place of my own, married again, with some of my family coming to visit me. I'm now on Facebook, so I can reconnect with my family.



Name: Mechel J.

Program: Fresh Starts Culinary Academy

What are you most proud of in your life?

How I'm succeeding in culinary school right now. I'm really glad that I seized this opportunity.

What are your plans for the future?

I want to be a chef and have my own recipe book and my own TV show. I'm already planning it. My specialties will be soul food and Latin food. I want to come back to Homeward Bound and teach a celebrity chef class one day.



Name: Dianna S.

Program: New Beginnings Center

What are you most proud of in your life?

I am most proud of my children. They have overcome many challenges in their lives and are achieving great things.

What are your plans for the future?

I would like to return to school and finish studying psychology. I want to work with people. My dream is to be a social worker one day and to make an impact on the lives of others.



Name: Marvin C.

Program: Next Key Apartments

What are you most proud of in your life?

I am most proud of my children, Michelle and Marvin Jr., and my two grand-daughters. I talk to them on the phone regularly.

What are your plans for the future?

In 5 years, I'd like to be running my own treatment program. I'm going to name it, "It's your time." It will be a combination of the therapeutic and the social program models. It'll be a "thera-social" program - I just invented a new term! I'm taking classes at College of Marin right now to bring up my GPA and plan to transfer to Sonoma State soon.

KEY CALENDAR DATES

Oct. 18 – 40th Anniversary Party
Come celebrate Homeward Bound's 40 years of service in The Key Room with cooking demonstrations and a 40-foot-long cake.



Nov. 7 – Halo Sales at Goldenaires Craft Fair
Come to the San Rafael Recreation Center to buy Halo Truffles for your holiday gift list.



Nov. 13 – Chef Heidi Krahling at Fresh Starts Chef Events
The chef/owner of Insalata's restaurant presents a menu from her new

cookbook. Visit online at: bit.ly/F5chefevents for details.

Dec. 4 – East Meets West at Fresh Starts Chef Events
Chef and cookbook author John Ash of John Ash & Co. presents an East/West menu with Chef Mei Ibach.



Dec. 5 and 6 – Halo Sales at Margaret Todd Holiday Craft Faire
Stock up on Halo Truffles and Halo HomeMades for your friends and family at this Novato event.

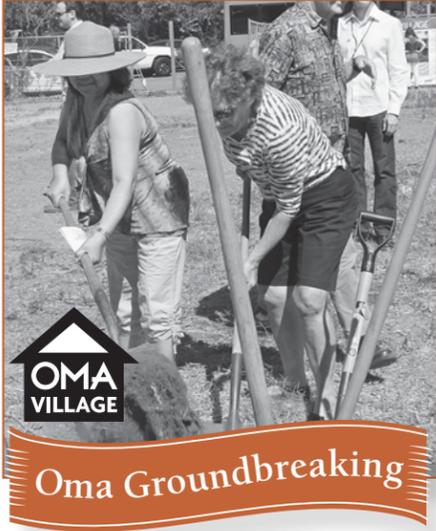


Jan. 15 – Chef Tony Najiola at Fresh Starts Chef Events
Chef/owner Tony Najiola of Petaluma's Central Market restaurant presents a farm-fresh menu with an Italian twist.



Feb. 5 – 6th Annual Next Key Shareholder Meeting
Investors in the nonprofit IPO, our "Immediate Public Opportunity...to end homelessness" with the Next Key Center, gather to hear about programs and residents.

OMA VILLAGE BREAKS GROUND FOR THE FUTURE



A brass band played for 150 people attending the groundbreaking party for Oma Village, where 14 small rental homes will welcome families transitioning out of homelessness. The village will open sometime next year.

Our party was "B.Y.O.S" – Bring Your Own Shovel – and many people did! Among them were County Supervisor Judy Arnold, Novato Mayor Eric Lucan and Marin Community Foundation President Thomas Peters.

"The event was groundbreaking in itself! Launching an affordable housing development that the community supports is a recipe for success that can be replicated across the county," says Mary Kay Sweeney, Homeward Bound executive director.

The crowd cheered a collaborative effort to serve families moving forward from other Homeward Bound programs with a place to build resources and resilience. Priority will go to families enrolled in local schools and parents employed locally or engaged in local training.

HomeAid Northern California, the charitable arm of the Building Industry Association of the Bay Area, will continue the collaborative spirit by soliciting partners for donated or discounted construction labor and materials.

Work will begin with The New Home Co. and Richmond American Homes providing captains for the project. A capital campaign has raised \$4.5 million of the expected \$5.5 million final cost.

We've launched the Adopt-A-Room Campaign to welcome families in units furnished with all the essentials: bedding, bath linens, kitchen equipment and cleaning supplies. If you'd like to help with your friends, coworkers or colleagues in a local organization, please email info@hbofm.org or call 415-382-3363 x211.

Oma Village is designed to be energy-efficient and incorporates "modernist" touches like canvas awnings in geometric shapes to shade outdoor patios. Plans include shared gardens and a community center for workshops, meetings and homework club.

Homeward Bound of Marin in 2012 purchased the site at 5394 Nave Drive, which formerly housed a 30-bed drug and alcohol rehabilitation program for men. Lead funders for Oma Village are the Dominican Sisters of San Rafael, the City of Novato, the County of Marin and Marin Community Foundation.

Individual donors have contributed almost \$850,000 to the project, including many who invested in a "nonprofit IPO" at Razoo.com to support Oma Village with a price of \$50 per "fundraising share."

WAYS TO GIVE

Know an Angel? Wrap a Halo.

Honor your special angel with a gift of Halo Truffles made by students and staff at Fresh Starts Culinary Academy.

Great for teachers, colleagues, friends and family!

Call the Halo Hotline at 415-382-3363 x244 or see www.hbofm.org for details. To offer a Halo sale at your church, school or workplace, please call us for information. *Take a bite out of homelessness!*



Donate to Make a Difference.

Your gift helps residents move forward to a self-sustaining future.

Make a difference today by giving online at www.hbofm.org or by check to Homeward Bound of Marin, 1385 N. Hamilton Parkway, Novato, CA 94949.

Plan Your Holiday Event in The Key Room.

Let us host your holiday events, business meetings or celebrations in The Key Room, our flexible event space with on-site catering.

Book now for best dates! • Call 415-382-3363 x214 for details.



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Gifts of Time and Resources

We have such overwhelming support from the community and, with every good intention, we try to keep track of your support. Sometimes we inadvertently overlook individuals or organizations that have helped Homeward Bound in some way. If we have forgotten to list you below, please accept our apology and know we appreciate all that you do. And let us know, so we can include you next time!

Congregations

Thank you to:

- ◆ The following congregations for bringing a monthly meal to Mill Street Center: **Aldersgate United Methodist Church, Village Baptist Church, Unitarian Universalist Congregation of Marin and Spirit Rock Meditation Center, St. Luke's Presbyterian Church, Congregation Rodef Sholom, St. Stephen's Episcopal Church, Community Congregational Church of Tiburon, Trinity Lutheran Church, Redwoods Presbyterian Church, St. Isabella's Catholic Church, Hillside Community Church, Westminster Presbyterian Church, Marin Lutheran Church, First United Methodist Church of San Rafael, St. Anselm's Catholic Church, St. Andrew Presbyterian Church, Presbyterian Church of Novato, Marin Covenant Church, First Presbyterian Church of San Rafael, First Presbyterian Church of San Anselmo, Cornerstone Community Church, St. John's Episcopal Church, Congregation Kol Shofar, and Nativity of Christ Greek Orthodox Church.**
- ◆ **Peace Lutheran Church** for ongoing support of Fireside Apartments programs and families.
- ◆ **Marin Lutheran Church** and **Sandy Seeger** for organizing a kitchen renovation and landscaping project at the Family Center.
- ◆ **Congregation Rodef Sholom** for volunteering on Mitzvah Day to improve landscaping at the Family Center.
- ◆ **North Coast Cavalry Chapel** for working in the New Beginnings Center gardens.



- ◆ **Betty Pagett** and **First United Methodist Church** for a diaper drive and ongoing support of Homeward Bound programs.
- ◆ **Trinity Lutheran Church youth program, Westminster Presbyterian Church, and Congregation Rodef Sholom** for diaper donations.
- ◆ **Mt. Tamalpais United Methodist Church** for a diaper drive, holiday support, and fundraising events.

Schools

Thank you to:

- ◆ **Dominican University students** for supporting our family programs and New Beginnings Center.
- ◆ **Marin Country Day School** staff for volunteering in the New Beginnings Center gardens.
- ◆ **San Domenico School** 4th and 5th grade leadership team for holiday decorations and for cooking meals monthly.
- ◆ **Marin Horizon School** for their monthly soup donation.
- ◆ **Ben Bundy, a student from TEAM**, for volunteering to lead a creative writing class for residents at Warner Creek Senior Housing.
- ◆ **Marin Asian Community Church** for participating in a garden volunteer day at New Beginnings Center.
- ◆ **First Presbyterian Church Youth Service Team** for help in the New Beginnings Center gardens.

Individuals, Businesses, and Organizations:

Thank you to:

- ◆ **Sophie Cho** for donating toiletries, mugs, blankets, and sheets.
- ◆ **Ben and Mario Echevarria** for volunteering to help in the garden, prepare meals at New Beginnings Center, and prepare healthy snacks for the Family Center.
- ◆ **Jennifer Rasmussen** for donating a dishwasher.
- ◆ **Jewish Family and Children's Services Summer Impact Camp** for volunteering in the gardens.
- ◆ **Girl Scout Troop #31710** for donating birthday cakes, decorations, and gifts for children at Family Park.
- ◆ **Katherine Randolph** for donating furniture and various items from our wish list.
- ◆ **Mill Valley Recreation Department's Summer Service Camp** for volunteering in our programs.
- ◆ **The McCabe family** for donating bedding and kitchen items.
- ◆ **The Brockman family** for making lunches for the Voyager Carmel Center.
- ◆ **Warm 1 Body** for donating socks, scarves, hats and gloves to our residents.
- ◆ **David Fortney** for donating strollers and a car seat to our family programs.
- ◆ **The Republic of Tea** for volunteering in the New Beginnings Center gardens and kitchen.
- ◆ **Ron and Jason Carpenter** for support in the New Beginnings Center gardens.
- ◆ **Point Reyes Farmstead Cheese Co. & Hog Island Oyster Co.** for donating products for Fresh Starts Chef Events.
- ◆ **Michael Basso Foundation, Girl Scout Troop #31067, and Winery Exchange** for back-to-school supplies, backpacks and clothing for children.
- ◆ **My New Red Shoes** for donating brand new shoes and gift cards for clothing to school-aged children in our programs.
- ◆ **Marin Bee Company** for ongoing support and guidance with beehives at New Beginnings Center.
- ◆ **Bank of Marin** for volunteering in the gardens at New Beginnings Center.



- ◆ **Winery Exchange, Kosta Browne Winery, and Benziger Family Winery** for donating wine for Fresh Starts Chef Events.
- ◆ **Vine Solutions** for support in the New Beginnings Center gardens.
- ◆ **Carol Inkellis** for donating her talents as a blogger for Fresh Starts Chef Events.
- ◆ **Loaves & Fishes** for volunteering to prepare and serve meals at New Beginnings Center for 14+ years.
- ◆ **Erika Arnold** for baking birthday cakes and donating birthday supplies for children at the Family Center and Next Key Apartments.
- ◆ **Pat Studdert, Noreen Haggerty, Jean McKechnie, Susan Dixon and John Fox** for staffing the Homeward Bound booth at the Marin County Farmer's Market on Thursdays.
- ◆ **National Charity League Mission Belles Chapter** for making healthy snacks for our family programs.
- ◆ **Girl Scout Troop #31607** for Valentine's Day cookies.
- ◆ **Chef Joanne Weir** for donating kitchenware and bakeware to Fresh Starts Culinary Academy.
- ◆ **Inn Marin** for donating coffee makers and bedspreads to our programs.
- ◆ **San Rafael Pacifics** for donating tickets to baseball games for residents.
- ◆ **Marin Symphony** for donating tickets to performances for residents.
- ◆ **Julie Torres** for volunteering in the New Beginnings Center gardens.
- ◆ **Wells Fargo Advisors** for organizing a donation drive for our programs.
- ◆ **Novato Mothers Club** for organizing a diaper drive.
- ◆ **Ryan O'Neil** for making birthday cakes for Warner Creek Senior Housing.
- ◆ **Nic Roche** for weekly delivery of baked goods to Family Center.
- ◆ **Kathy Thornton** for a couch for the Family Center.
- ◆ **Fireman's Fund Insurance Co.** for baking apple pies for our programs as well as making breakfast burritos and granola bars for the Family Center.
- ◆ **ExtraFood** for delivering food donations to our programs.
- ◆ **Home Away From Homelessness** and **Beach House** for hosting the kids of Homeward Bound.
- ◆ Halo Helpers **Jean McKechnie, Stan Bloom, Michelle Berlin, Robin Lindsay, Pat Studdert, Michelle Polli, Bill and CeCe Silver, Brianna Fennell and Claire Thrift** for helping with sale of Halo Truffles.
- ◆ **Petaluma Seed Bank** for donating vegetable seeds for the New Beginnings Center gardens.
- ◆ **Renata Binhun, Liza Nichayeva, Amanda Mueller, Suzanne Caprio and Cyndie Martel** for volunteering at Fresh Starts Chef Events
- ◆ **Neely Wang** for donating professional photo services for Homeward Bound culinary events.
- ◆ **Kate Mahoney** and her team of supporters for a transitional housing makeover.
- ◆ **Michelle Wall** for donating her time to provide haircuts for residents at New Beginnings Center and Mill Street Center.
- ◆ **Dalla Terra Winery Direct** for cases of wine for Fresh Starts Chef Events.
- ◆ **Deseret Industries** for donating meat, sheets, mugs, dishes, towels, blankets and clothing.
- ◆ **Wells Fargo employees** for a garden work day at New Beginnings Center.
- ◆ **Lights of Rafael** for donation of light bulbs and hardware.
- ◆ **Paul Giampaoli** for supporting the food pantry at Warner Creek Senior Housing.
- ◆ **Annabella's Gifts** for amazing support of the Family Center.
- ◆ **Marin General Hospital's Nutrition Department** staff for a garden work day.
- ◆ **The Burr family** for monthly donation of groceries.
- ◆ **Jenni and Peter Picetti** for monthly donation of meals to Mill Street Center.
- ◆ **Dodie Stewart, Mikie Dunbar and Nancy McCarthy** for their time in the New Beginnings Center kitchen.
- ◆ **The Pajama Project** for sending new pajamas for kids in our programs.
- ◆ Fresh Starts Chef Events culinary superstars **Sondra Bernstein, Austin Perkins and Joanne Weir** for making time to appear as guest chefs.
- ◆ **Jamie and Olivia Thomas** for making beautiful cakes for the Family Center.
- ◆ **Novato Rotary Club** for donating Christmas gift bags for the kids in our family programs.
- ◆ **Susan Orma, Michelle Berlin, Ryan Pedvin, Helen Cameron, Iris Lafrenz, and Hiroko Robinson** for supporting the New Beginnings Center front desk team.
- ◆ **Mary Wright** for creating Fresh Starts Chef Events flyers.
- ◆ **Natalie and Daria's Flowers** for donating flowers to New Beginnings Center.
- ◆ **Bob Tanem** for his ongoing garden guidance.



- ◆ **Jessica and Holly Choy** for delivering baked goods weekly to New Beginnings Center.
- ◆ Volunteer yoga teachers **Leigh Stewart and Tamala Smith** for offering regular classes for Warner Creek Senior Housing and Fireside Apartments.

Homeward Bound

OF MARIN

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- Paul Fordham
Deputy Executive Director
- Lisa Sepahi
Director of Impact & Operations
- Suzanne Maggio-Hucek
Clinical Director
- Eric Fischer
Chief Financial Officer
- Steve Cohen
Director of Training
- Stacy Rosenblatt
Clinical Liaison

Administrative Office

1385 N. Hamilton Pkwy.
Novato, CA 94949
415-382-3363
www.hbofm.org

FAMILY SERVICES

- Kulwa Aparra
Family Services Manager
- Family Center**
430 Mission Ave., San Rafael
415-457-2115
- Family Park Meadow Park**
- Next Key Center Apartments**
- Fireside Apartments**
- San Clemente Family Homes**

ADULT SERVICES

- Mill Street Center**
Teddy Ryan, *Director*
190 Mill St., San Rafael
415-457-9651
- New Beginnings Center**
Stacy Rosenblatt, *Director*
1399 N. Hamilton Pkwy., Novato
415-382-3363
- Transition to Wellness Program**
- Fourth Street Center**
- Next Key Center Apartments Meadow Park**
- Fireside Apartments**
- Warner Creek Senior Housing**

MENTAL HEALTH SERVICES

- Voyager Carmel Center**
Alison Buck, *Director*
830 B St., San Rafael
415-459-5843
- Palm Court**

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